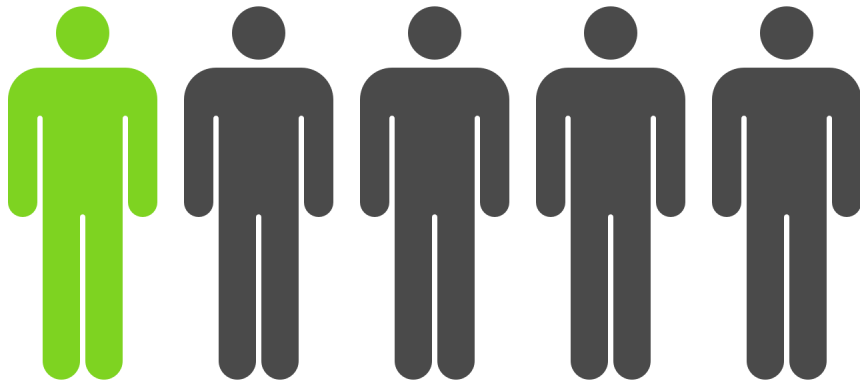
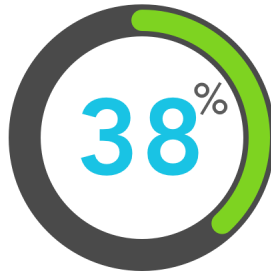


# MENTAL HEALTH AWARENESS

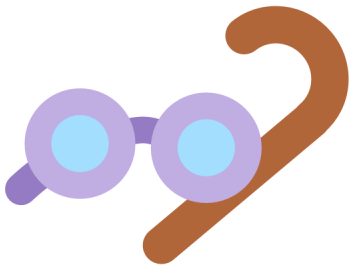


**1 IN 5**  
People in Canada this year will experience a mental illness or addiction problem

**1 in 3 will experience a mental health illness in their lifetime**



**38%** of Canadians will experience a mental illness before the age of **15**



**50%** of Canadians will have or have had a mental illness by the age of **40**



**14%** of Canadians seek mental health services for their mental illness



**30%** females are more likely to use mental health services than males

Of those with mental illness, the following percentage will experience

